



## 2021 Junior Golf Camp

*Introducing girls and boys to a game they can play for the rest of their life....*

All too often the youth of America is driven toward sports that only 1 percent will play after college. Our goal is to give each child the skill set he or she will need to develop their golf game. The Pocono Farms Country Club Junior Golf Clinic is open to all juniors from the ages of 6 to 15. The classes will be conducted by our professional staff of Pocono Farms Country Club, which consists of PGA Head Professional Kyle Monahan and Assistant Professionals Kim Kleinle, PGA, and Tim Gaudette. Classes will consist of 90 minutes of instruction per day. First class begins at 8:00 A.M., and the second class will begin at 10:00 A.M. Classes will be divided by age group (TBD 1 week prior).

The cost will be \$80.00 per child and will run **Monday, July 12, through Friday, July, 16**

<u>Day</u>	<u>Instruction</u>
Monday	Fundamentals, Rules, Etiquette
Tuesday	Putting
Wednesday	Short Game
Thursday	Full Swing
Friday	Playing the Game (On Course)

As always parent support is greatly appreciated. Each child should bring his/her own golf clubs. If the child does not have a set of golf clubs please contact us by calling the Pro Shop 570-894-4435, Ext 111.

Participant's Name: \_\_\_\_\_

Participant's Age: \_\_\_\_\_ Participant's Shirt Size: \_\_\_\_\_

Guardian's Name: \_\_\_\_\_

Guardian's Phone Number: \_\_\_\_\_

Guardian's Email Address: \_\_\_\_\_

Payment Information:            CASH               CHECK               HOUSE CHARGE



# Junior Golf Camp

## Day 1: Fundamentals

- Introduction to the Game
- Etiquette and Safety
- Rules of the Game
- Grip, Stance, Posture

## Day 2: Putting (On Practice Green)

- Fundamentals – Grip, Stance, Alignment, & Putting Stroke
- Short Putts – “listen, don’t look” drills
  - Drill used to develop trust & confidence with students
- Long Putts – “Eyes to the hole”
  - 20+ ft putts designed to develop the feel for the putting stroke
- Strategic Planning – “The Routine”
  - Steps of gathering information (Uphill/Downhill, Break & Speed)

## Day 3: Short Game

- Fundamentals – Grip, Stance, Swing Path
- Chipping – “Left foot, Right toe”
  - Designed to teach proper weight distribution in stance
- Pitching – “Underhand toss”
  - Teaches the feel for proper distance and shot trajectory

## Day 4: Full Swing

- Fundamentals – Grip, Stance, Swing Path
- Backswing – “Tee drill”
  - Designed to develop a proper backswing path
- Downswing

## Day 5: Playing the Course

- Follow-up on all fundamentals & things learned throughout Golf Camp
- Team game designed for students to implement everything they have developed in the past week.